

Located on the beautiful Island of Martha's Vineyard



"Today more than ever the world needs alternative solutions for Holistic and H.E.A.L.E.D. practices. People need a place to **HEAL**"

OUR STORY Rising from the Ashes

After the success of the New York Times best-selling book "21 pounds in 21 days,"

I spent a lot of time contributing to numerous TV Shows and creating articles on how to leverage nutrition to overcome chronic illness. Since the pandemic, I have predominantly been working with private clients. We also had to overcome the devastation of a fire at the Holistic retreat. This was hard for the team and all those who have experienced our retreat. Unfortunately, we had to put everything about the retreat on hold. The pandemic gave us time to rebuild, it gave the Retreat time to **HEAL.** I founded the retreat on Martha's Vineyard over 30 years ago. My children grew up here. Before the pandemic and the fire, we helped thousands of people from all walks of life, including high-profile celebrities, and politicians. Our innovative therapies treat various ailments and help you overcome chronic illnesses along with helping with weight loss, detoxification, and longevity. Today alongside my ANGELS we are looking forward to seeing you again as we OPEN our doors. We are **THANKFUL** for everyone who has supported us along the way. There is no place I would rather be than at my **HEALED RETREAT** here on this beautiful island of Martha's Vineyard. I cannot wait to welcome everyone back and allow the healing to begin.

We have RISEN from the ashes and are READY to RECEIVE,

READY to HEAL.

MISSION STATEMENT

"Providing a beautiful place to **HEAL** with access to alternative solutions for Holistic and H.E.A.L.E.D. practices"



Embrace the Power of Healing Holistically. Experience the future of healing with Stem Cells, Oxygen Therapies, and Electromagnetic Treatments. Our cutting-edge diagnostics and treatments pave the way for your well-being.

Holistic Living



Knowledge that Nurtures. Empower yourself with tailored education that meets your needs, precisely when you need it. Learn the art of cleansing through nourishing foods to sustain health and embrace longevity. Discover the keys to body balance and homeostasis through essential knowledge

Education



Embark on a journey of self-discovery and self-awareness- a vital element in nurturing your health. With holistic self-awareness, you'll unlock the door to whole-body medicine, harmonizing your mind and body.

Awakening



Harness the Healing Power of Love. Did you know that love can mend the bond between your brain and heart, leading to better health? Dive into the science-backed magic of love - it triggers joyous hormones that boost immunity and nurture your body. Embrace love for a brighter outlook on health and longevity.

Longevity



Revolutionize your vitality with the latest in vascular therapy! Elevate metabolism, energy, and healing with Electroceutical Therapy. It's an energizing option for those who can't always hit the gym. Move towards vibrant health and prolonged life.

Electroceuticals



Cleanse and revitalize like never before! Embrace high-density nutrition on a cellular level using nanotechnology. Indulge in detox treatments like Colonics, Body Wraps, Detox Saunas, and more. Refresh your body with organ cleanses, metal detox, and parasite cleansing.

Detoxification



"Our Goal is to help you **HEAL** mentally, physically, and spiritually in a quiet retreat-like atmosphere"

THE 4 PILLARS of H.E.A.L.E.D



Our 4 Retreat program marks a transformative shift from weight loss and detox to the potent 4 Pillars of **HEALING**. Discover the mastery of detoxification for enhanced immunity, unlocking pathways to lasting wellness. Embrace longevity as a purpose, breaking free from the chaos of information overload and confusion. Our sanctuary offers a holistic haven, empowering you with knowledge and tools for lifelong health. Embark on this journey to elevate your well-being and conquer the challenges of modern living.

For 4 Days you will Learn the 4 Pillars of



RELEASE

TOXINS



Optimize Wellness Naturally: Reduce toxins, enhance immunity. Learn to limit chemicals and pollution, plus nourish with detoxifying nutrients. Discover effective detox methods and get all you need for a successful 21-day detox to revitalize your body's natural balance.

RESTORE

WELLNESS



Experience Healing Innovations: Rediscover wellness through advanced treatments. Our Retreat offers hands-on access to 12+ innovative therapies for holistic healing from chronic illnesses, both physically and emotionally.

RESET

IMMUNITY



Boost Immune Function for Vitality: Elevate your immune system to ward off pathogens, enhance skin health, and reduce inflammation. Our retreat teaches essential principles to fortify your immunity.

REVIVE

LONGEVITY



Unlock Longevity Secrets: Join scientists to master a longer life. Learn food as medicine, stress reduction, and anti-aging techniques. Quick lifestyle transformations - it's beyond genes. Discover top 10 longevity principles, effective supplements, and enjoy 12+ Innovative Treatments at our Martha's Vineyard 4Retreat.

TESTIMONIALS.

"Dr. Roni has worked with thousands of people.

Hear from two of my H.E.A.L.E.D, ANGELS,
We love hearing success stories. Please share yours on our

Dr. Roni - Healed Retreat Facebook Page.



When Gregg got his cancer diagnosis at the beginning of the year she was one of the first we called. She did what she could do to get us there <u>#immediately.</u> Days later we were on the island of Martha's Vineyard with her.

She and her team treated Gregg and did a phenomenal job with his Holistic Care. ...If you've not heard Gregg's testimony thank God he is "Cancer Free!" GOD is so good.

And I'm so thankful for the skillset to help others' visions come to reality!



Lenika Scott





"Last summer I was blessed to visit Dr Roni's retreat center on Martha's Vineyard and it was truly life-changing. Not only did I lose 22 lbs in just three weeks, but I also have never felt better and healthier in my life. The program at the retreat center was incredibly effective and the staff was supportive and helpful throughout the entire process. I highly recommend Dr Roni's retreat center to anyone looking to make positive changes in their health and well-being."



Ben Berry



TESTIMONIALS.

"Dr. Roni has worked with thousands of people in helping them become the best version of themselves. If you would like to Share yours email or tag Dr. <u>Roni Deluz</u> in your testimonials "

Dr. Roni provided my husband with multiple life-saving IVs after he tried to detox from alcohol without assistance and found himself in toxic shock. Her non-judgmental style of explaining his condition to him was key to getting him to acknowledge his dependency and successfully lead him onto the path of sobriety. He is now 18 months sober with no desire to resume drinking alcohol. I love the Retreat spirit. Thank you, Dr. Roni!

Mr. Horton

★ ★ ★ ★ ★

Dr. Roni has taken care of me and my family and friends for years. She is the most stable and caring individual. She has great technical skills in the area of blood work, Intravenous nutrients, and aftercare which is the most important part for me. We take her advice and care notes very seriously. We love our Dr. Roni.



I had the good fortune to learn from Dr. Roni firsthand. I spent 15 days at Her retreat, where I learned more about how to live healthily and how to eat the right foods than I had in my entire life. I feel very grateful to have had Dr. Roni share Her Knowledge About Survival with Me. Dr. Roni is a gifted teacher, diagnostician, and practitioner She has created a sanctuary in Martha's Vineyard and approaches health and wellness holistically and meticulously with steadfast encouragement and kindness What a gift to our Beloved Martha's Vineyard and the world

Geralyn Dreyfous

Every summer I try to visit Martha's Vineyard a magical place. I spend a wellness week with Dr. Roni. A truly life-saving experience for me because of her IV drips, Ozone treatments, and Sauna beds. Her care is what I need to reset my life. I would not be able to have a quality of life without her continued Telehealth services regarding my Lyme disease. She is an Angel on earth.

Dr. Pam Ross

RETREATS BENEFITS

"Discover transformative wellness at HEALED Retreat in Martha's Vineyard, featuring luxurious accommodations, daily detox, expert consultations, innovative therapies, and more. Thrive and achieve optimal well-being with us."

Accommodations:

• Enjoy a 4-day and 4-night stay in a comfortable on-site room at our Martha's Vineyard.

Provisions:

• Daily detox protocols including nourishing soups and beverages. For an extended detox at home, consider purchasing our detox kit. Contact us for more details.

Personal Consultation:

- Receive a comprehensive Personal Health and Wellness Assessment with Evaluation with Dr. Roni (\$ 2,475. value).
- Participate in a group mental health presentation with Dr. Celina Counselor, PsyD, LMHC, LMFT, known as the "Ambassador of Emotional Health" (\$500. Value).
- Opportunity to get integrative diagnostic medical bloodwork with a Longevity doctor.

Innovative Therapies:

- Access to a wide range of self-directed activities on-site.
- Experience our cutting-edge Vingevity IV Lounge Clinic for rejuvenating longevity treatments (see Page 10).
- Customized daily itineraries with recommended targeted therapies based on your health assessment.

Activities:

- Daily nature walks to connect with the serene surroundings.
- An informative and enjoyable island tour to explore Martha's Vineyard.
- Nightly ROUND TABLE trainings with Dr. Roni or Dr. Celina to enhance and support your immunity and overall wellness.

Additional Resources:

- Receive a generous gift basket filled with goodies (\$300. value).
- Receive copies of our exclusive (only available to retreats and online clients) 21 Day at Home Detox Manual, Soup Recipe Manual, Juice Recipe Manual, and PEVY Manual. (Incredible Value).
- Enjoy one year of free access to our Dr. Roni Inner Circle Community (\$528 value).

Total Cost: \$5180

(Please note that transportation is not included; refer to Page 9 for more details)

If you have any questions or need further information, please don't hesitate to contact us. We're here to assist you in making your HEALED Retreat experience extraordinary.

TRAVEL

"Travel options to Martha's Vineyard vary with the season. Following is some general travel information."

ADDRESS: HEALED RETREAT, 209 FRANKLIN STREET, VINEYARD HAVEN, MA 02568



BY AIR:

Fly to either Boston Logan International Airport (BOS) or Providence, RI (PVD). From there you can connect via Cape Air directly to Martha's Vineyard (MVY).

www.capeair.com. JetBlue offers direct connections on Cape Air from select cities. US Airways flies direct to MVY from LaGuardia during part of the summer season. Other carriers may also offer seasonal direct flights.



BY BUS:

Woods Hole: <u>www.peterpanbus.com</u>, then walk over to the Steamship Authority.



BY CAR:

Drive to Woods Hole Steamship Authority. You must make a ferry reservation for your car.

www.steamshipauthority.com You must make sure you check the schedules online because they do change every season.



OTHER WALK-OVER FERRIES:

Seasonal walk-over ferry service is offered from New York, New Bedford, and Quonset Point, Rl. Please inquire for details. You can also find some of this info on www.steamshipauthority.com







Discover Wellness and Longevity and the secrets behind
"21 Pounds in 21 Days" with Dr. Roni on the beautiful Island of Martha's Vineyard.

Release - Restore - Reset - Revive

DETOX

WELLNESS

IMMUNITY

LONGEVITY

Receive 4 **DETOX**protocols daily, .+ receive a
the new 21- Day support
manual and special gift
basket worth over \$300 +

Attend nightly ROUND TABLE trainings with Dr. Roni learn how to enhance and support your overall **WELLNESS** Enjoy
IMMUNITY boosting
innovative treatments at our
exclusive Vingevity IV Lounge
and Clinic

Experience Innovative
Treatments and practices
designed to help create
LONGEVITY

4-DAY RETREATS

Jan 25 - Jan 29 Feb 25 - Mar 4 Mar 28 - Apr 1

Spaces fill up fast.

Cost is **\$5,180***

*Price is subject to change.
Special Groups Rates and Extended Retreat
Stays are available upon request.

Therapies

*IV hydration vitamin therapy
 *Ozone for pathogens

*HBOT Oxygen Chamber fast healing
 Weight loss Alpha Spa
 Coffee Enemas detoxification
 Ionic foot detox detoxification
 Bio-mat increase blood flow

BEMER reflexology - increase blood flow
Photo-bio-modulation immunity
 Weight lost injection

CONTACT US BELOW FOR MORE INFORMATION



1 (508)-691-2498

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www.4Retreat.com

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Dr. Roni is a Renowned Naturopathic Doctor, Author of NYT Bestseller "21 Pounds in 21 Days", Owner of The H.E.A.L.E.D Retreat & Center on the beautiful Island of Martha's Vineyard.

Consults & Critical Care options available upon request.